Theme of 2020:
Health and Mental Health Services & System in China
The course will take place in two cities (Shanghai and Xi’an)
AIMS

- To examine the developmental background and current system of social work profession in China.
- To understand what function has the social work profession played in a country with a totalitarian political system?
- To learn the development of medical and mental health social work system in China
AIMS

- To understand direct practice system of community mental health services delivery in China
- To develop a critical and analytical understanding of cross-cultural social work practice and the global social work between East and West.
- To compare and contrast the social work community mental health direct practice in China, both in the hospital and community level through agency visits.
PRE DEPARTURE MEETINGS IN NYC

- First week of May: Introduction/Travel with Cultural Sensitivity
JUNE 7: TRAVEL TO SHANGHAI
JUNE 7-12: SHANGHAI

- Is a world finance and cultural center
- Second largest city of China with a 90 Million population
- Where NYU Shanghai is located
Basic skills of using language, observation, writing field notes for cultural learning

Learn the development of medical and mental health social work system in China

Direct practice of community mental health services in China

Visit local hospital and community mental health agencies

Shanghai city or local vicinity tour
JUNE 13: TRAVEL TO XI’AN
Xian is the capital of Shaanxi Province.

It is one of the oldest cities in China and the oldest of the Four Great Ancient Capitals.

It is the starting point of the silk road and home of the Terracotta Army.

The city of Xi’an is an important cultural, industrial and educational center.

Ranked China’s No.2 tourist destination.
COURSE RELATED AGENCY VISITS

June 15

- Visit the largest hospital in Xi’an and its mental health department

June 16

- Visit Jiaotong University Department of Social Work:
  - Discussion and cultural exchange with Chinese social work students

- Visit the military hospital in Xi’an and Xi’an Community Mental Health Center
TRAVEL TO XI’AN: JUNE 13

- Arrive in Xi’an. Activities dependent upon arrival time.
XI’AN DAY 1: JUNE 14

Tour of the City:
- Bell Tower
- Ancient City Wall
- Shu Yuan Men
- Muslim street and local food tour
XI’AN DAY 2: JUNE 15

- Wild Goose Pagoda
- Grand Tang Dynasty Ever-bright City
XI’AN DAY 3: JUNE 16

- Visit Jiaotong University have discussion and mingling with students
- Visit a hospital in Xi’an with mental health department
XI’AN DAY 4: JUNE 17

- Han Yang Ling Museum
- Terracotta Warriors Museum
XI’AN DAY 5: JUNE 18

- Visit Mount Hua
- One of China’s Five sacred mountains
- Private tour of the mountain via cable cars
XI’AN: DAY 6 JUNE 19

- Xian Tang Dynasty Dinner Show

- Shop at local flea market for souvenirs
DEPARTURE DAY 7: JUNE 20

- Drop off at Xi’an Airport
ASSIGNMENTS

- Readings before departure and in China
- Five one-page reflection journals
- Participate in stress reduction practice
- One final paper