Office of Global and Lifelong Learning

POST-MASTER’S
CERTIFICATE PROGRAM

Advanced Clinical Practice

Program Director
Theresa Aiello, MS, MSW, PhD
Program Description

The Post-Master’s Certificate in Advanced Clinical Practice is a two semester course of study that is unique in providing an integrated perspective in contemporary theories and practices in clinical social work. The program provides knowledge in the broad spectrum of contemporary cognitive and psychodynamic theories and practice techniques. We address the needs of practitioners in agency and private practices. The courses include Cognitive Behavioral Theory and Practice, Dialectical Behavior Therapy and Practice, Working with GLBT populations, Trauma and Treatment of PTSD, Domestic Violence, contemporary Attachment Theory and Research and Object Relations and Self Psychology models. Our program is unique in utilizing an integrative picture of different evidence based practices from cognitive approaches to in depth psychodynamic approaches reflecting the scope and breadth of contemporary practice. The program’s comparative approach reflects a commitment to subjective and intersubjective open inquiry and critical analysis through a multicultural perspective. Discussion topics include issues common to all populations receiving social services. These include issues related to gender, social class, race, ethnicity, religion, sexual identities, disabilities and immigration. This year we have added the following classes: work with military personnel; introduction to somatic issues in therapy; introduction to eating disorders; introduction to EMDR and contemporary developments in psychodynamic treatment. All the courses are taught by scholars/practitioners who are active in direct practice.

Topics include

• The importance of attachment in treatment models, short-term approaches to treatment utilizing cognitive behavioral and dialectical behavioral models of treatment
• Psychodynamic theories in long-term treatment, emotional regulation, and the implications of trauma research and practice

How long will it take me to complete the certificate?

Two semesters. Classes meet every other week for eight two-and-a-half hour sessions, unless otherwise noted. Regular class attendance is required to obtain your certificate. There will be a morning and an evening section.

Where can I find more information?

For program requirements, dates, times, and other detailed information, go to http://goo.gl/AAKwoU or contact silver.continuingeducation@nyu.edu.

How many continuing education credits (CEs) will I earn?

36 CEs
Course of Study

FALL
The fall semester will begin with attachment theory and practice. We will then focus primarily on cognitive behavioral and dialectical behavioral theories of practice. We will also discuss short-term interpersonal psychotherapy.

Topics include
- Attachment Theory and Treatment Implications
- CBT
- DBT
- Interpersonal Psychotherapy (short-term)

SPRING
The spring semester will cover psychodynamic and psychoanalytic theories of object relations and self psychology. We discuss emotional regulation in couples and consider the treatment of trauma from the perspective of domestic violence and work with survivors of diverse traumas with a special attention to the implications of treatment in this population. At the end of the program, students will be asked to briefly apply models of their choice that were presented in this program with clients in practice.

Topics include
- Self Psychology and Object Relations Theory
- Psychotherapy with GLBT Clients
- Couples Therapy and Issues of Regulation
- Eating Disorders
- Issues in the Treatment of Survivors of Trauma
- Current Developments in Psychodynamic Theory

About the Faculty
The highly skilled faculty brings a combination of extensive experience in practice and research in varied mental health private practice settings, as well as experience in academic teaching. All of our faculty are scholar/practitioners who are active in practice in their field of expertise. The director of the program is happy to meet with students interested in talking about career issues or further education.
To Apply

An application form for this program must be filled out online from our website at:

A current resume and statement of interest must be attached with the application.

Fees
The cost is $1,980 Reading materials are included in the costs. Discounts may not be combined.

Discounts
• 25% discount for NYU SSSW MSW/PhD graduates, NYU SSSW field instructors, and educational coordinators
• 15% discount for applicants who have already completed one NYU SSSW certificate program
• 50% discount for veterans

FOR MORE INFORMATION, CONTACT

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NYU Silver School of Social Work is recognized by the New York State Education Department’s State Board for Social Work as an approved provider of continuing education for licensed social workers. Provider #0012